

How do I sign up?

It's easy!



SCAN ME

- Or go to our website, www.outreachteen.org, and click on the 'Donate' button.
- The monthly fee to belong to the Supporter Program is \$20; or choose one-time payment of \$240. Complete this information in the "Donation Amount" field.
- Choose "Supporter Program" from the pull-down menu. Complete the remaining demographic information on the form.

You'll start receiving your newsletters as soon as you sign up, and will receive an invitation to the next Quarterly Counselor Chat once it is scheduled.

Our Mission:

We provide affordable and accessible **connection, education, counseling, and coaching** to children, teens and families through safe, caring, responsive, confidential professional therapists supported by dedicated community advocates.



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Counseling. Care. Connection.

Supporter Program

Parenting is hard work and a job in which you never stop learning and growing.

We all experience life's challenges and struggles in unique ways. These experiences shape us into the person we will eventually become.

As an established member of the community, Outreach Teen & Family Services has been providing counseling services and programs for more than four decades, focusing on empowerment, prevention, education, and early intervention. We believe in **supporting parents** and providing them with the education and tools necessary as they navigate the ages and stages of their children.

The Supporter Program is for people who value children and families and **share our desire to help every child, teen and family we serve to thrive**. Your financial investment, as well as your advocacy, helps neighbors to grow and achieve their dreams.

Bi-Monthly Newsletters

Every other month, Outreach will send out a topical newsletter with information pertinent to parents as they navigate the ages and stages of development of their children.

Topics covered in these newsletters may include:

- Body Image
- Anxiety at different ages
- Girl drama
- College application/rejection issues
- Financing College
- Sports and the mental aspects of winning and losing
- Students athletes going to college
- Developmental aspects of middle school students
- Transitioning to high school; academic and personal challenges, anxieties and what to expect
- Grandparents' roles; being a parent again

The Parent Steering Committee and individual counselors will inform the content of the newsletters.

Quarterly Counselor Chats

Supporter Program members have exclusive access to Master's level clinicians, four times a year!

You have questions? Our counselors will be able to assist you in finding answers!

Whether those questions relate to developmental aspects of your child/ren, or a particular situation that you might be dealing with in the present moment, the webinar facilitator will direct the conversation in order to provide valuable insight into these issues in a group webinar setting.

These sessions should not be confused with counseling services, and should be considered psycho-educational in nature **ONLY**.

If parents require more specific advice/counsel, we encourage you to schedule a Parent Consultation or a counseling session to delve deeper into your specific issue or concern.